

# Our Highlights

- ❖ Continuing to live with Covid and look at recovery
- ❖ Period of reform and change
- ❖ Stronger Voice



“We have been advocating for dedicated financial support for carers to offset the cost of living crisis, which disproportionately affects carers and the people they care for.”



policy **people** practice

We believe that carers' rights need to be at the heart of **policy** and **practice** development. It is our shared vision that Scotland's unpaid carers will feel valued, included and supported as equal partners in care and will be able to enjoy a life alongside caring.

# Our Member Meetings



**Themes:** National Care Service  
Cost of Living  
Carers Strategy  
Right to Breaks from Caring

## ❖ First Hybrid Meeting

"Thanks for a very informative meeting. First time here and I've been inspired to become more involved."

"What a super meeting earlier. I must admit it was one of the best structure wise and it just flowed. Lots of participants and great 'chatter'."



# Supporting Carers' Voices



❖ National Advisory Groups and Forums

❖ Carers Collaborative

❖ Carers Collective

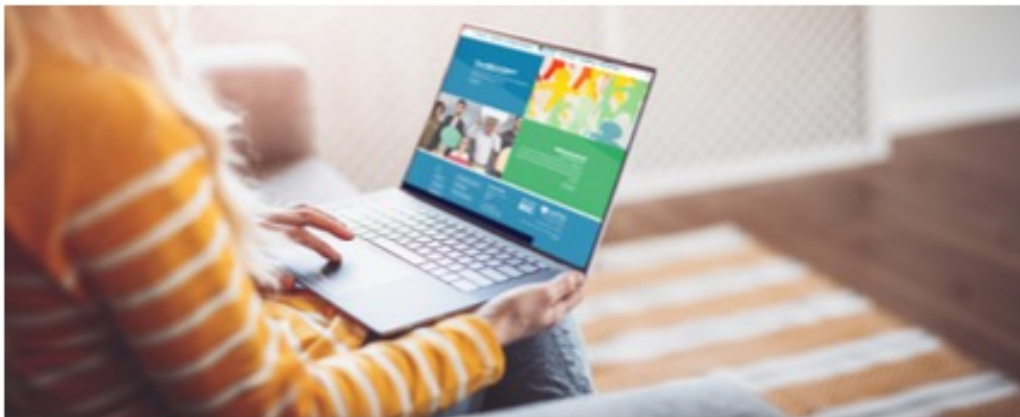
"Being a member of the Carers Collaborative helps to restore some of the power balance. On our own we have very little chance of being equal."

"I just feel that you are so responsive and it is so great to be able to raise something with you and it get raised and asked at the levels you engage in."

# Our Information



- ❖ New Website – [www.carersnet.org](http://www.carersnet.org)
- ❖ Briefing papers, Bulletins and Factsheets
- ❖ Social media  @CarersCoalition  @CoalitionofCarers



"Your bulletins, the WhatsApp group, the responsiveness of your approach, have all provided some much-needed consistency through an ever-changing environment."

# Learning Exchange



- ❖ Rural Carers Working Group
- ❖ Communications and Social Media Group
- ❖ Black and Minority Ethnic Forum
- ❖ Mental Health Forum
- ❖ Support for the Centre Managers Network.

"Thank you for all the work you put into these meetings, I find them invaluable."



"Thank you so much for your guidance and support."

# New Staff Members



❖ Jaynie Mitchell – Rural and Island Carers Engagement Worker

[Jaynie@carersnet.org](mailto:Jaynie@carersnet.org)

❖ Dipa Ward – South Asian Carers Engagement Worker

[dipa@carersnet.org](mailto:dipa@carersnet.org)